

# Chris Lyon



Service with Integrity  
Since 1928

## Employee Benefit Services

- Group Medical, Life, Disability, Dental, On-Line Enrollment, COBRA Administration

## Individual Disability Insurance

## Long-Term Care Insurance

## Individual Life Insurance

## Business Continuation Strategies

- Buy-Sell Agreement Funding
- Key Employee Insurance
- Survivorship
- Disability Income
- Estate Conservation

## The Frieden Agency

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*Our mission is to value your  
Goals and protect your Needs  
through our professional  
Guidance.*

As an insurance specialist, Chris Lyon's mission is to draw on his passion and education to help individuals and businesses realize their specific goals while utilizing the vast experience of The Frieden Agency. He consults with both individuals and business clients regarding their short- and long-term goals, objectives, dreams, and risk tolerance. From there, a strategy is built based on the client's individual profile in order to maximize all resources. With a concentration on risk management, Chris guides clients into their desired individual or business goals. This may include – but is not limited to – disability insurance, life insurance, long-term care insurance, health insurance, and complete employee benefit packages.

Chris is a lifetime resident of Hampton Roads. He graduated from Virginia Tech in 1998 with a Liberal Arts degree and minors in Psychology and Communications. Chris and his wife, Stephanie, have three beautiful daughters, Holly, Tori, and Laney. Outside of the office, Chris enjoys golfing, surfing, and swimming.



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